

FROM THE EDMONTON OILERS LOCKER ROOM

## LANG BRINGS JUNIOR, NATIONAL TEAM EXPERIENCE TO OILERS

Jeff Lang is in his eighth year working for the Edmonton Oilers, his first as head equipment manager. A native of Regina, Sask., Lang attended Mount Royal College where he received a certificate in athletic therapy. He started his career with the Calgary Royals in the Alberta Junior League before spending four seasons with Canadian national teams, including the gold-medal winning 2002 Olympic team and 2003 U18 team.

**THN:** What made you want to study athletic therapy?

**JL:** I wanted to be involved in sports. I used to play hockey when I was younger up until Jr. B. When there was no hockey future in my life, I thought a way to get into it was being a trainer. I just thought the medical side seemed like a pretty good investment for my future.

**THN:** How special was the 2002 Olympic tournament for you?

**JL:** It was awesome. It obviously didn't have anything to do with my medical background. I was working at the time with Team Canada and was

more or less the liaison between Barry Stafford and Kenny Lowe who are the head medical and head equipment managers for the men's Olympic team.

**THN:** You worked in the Alberta League, what are



**JEFF LANG**  
EQUIPMENT  
MANAGER



some differences between working with juniors and working with pros?

**JL:** The junior guys all want to get to where the pros are. It's a different

path going the junior league route. A lot of guys are going for a U.S. scholarship, because they weren't drafted or they just chose not to play in the WHL, a lot of these guys want to go to school before they play pro hockey, get an education first.

**THN:** What sets the Blademaster apart from other skate sharpeners in your opinion?

**JL:** When I first started in the business, Blademaster was the first machine I used, it's what I was taught on. The Blademaster does exactly what I want it to do. I have a great comfort level with it.

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